

CURRICULUM VITAE



LALRINHLUI

Asst. Professor

College of Nursing

Regional Institute of Paramedical and Nursing Sciences (RIPANS)

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Zemabawk, Aizawl-796017

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Mizoram, India

ACADEMIC/PROFESSIONAL ATTAINMENTS:

<i>Degree/Qualifications</i>	<i>Name of Institution</i>	<i>Awarding University</i>	<i>Year of Achievement</i>
Doctorate of Philosophy	Dept of Nursing, School of Medical & Paramedical Sciences	Mizoram University, Aizawl	Registered in 2020 and still Pursuing
Master of Science (Nursing) Mental Health/Psychiatric Nursing	Leelabai Thackersey College of Nursing, Mumbai	Shreemati Nathibai Damodar Thackersey Women's University (SNDT Women's University)	2004
Bachelor of Science (Nursing)	Regional College of Nursing, Guwahati	Gauhati University, Assam	1997
P.U. Science	Pachhunga University College, Aizawl	North Eastern Hill University (NEHU), Shillong	1993
H.S.L.C	St.Pauls' High School, Aizawl	Mizoram Board of School Education (M.B.S.E)	1990

DETAILS OF EMPLOYMENT:

Teaching Experience :

Total Experience : 28 years
After M.Sc. Nursing : 22 years

Name of the Organization	From date	To date	Department	Designation
RIPANS	1.10.1997	9.2.1998	Nursing Department Health worker Course	Demonstrator (officiating)
RIPANS	10.2.1998	13.1.2005	Nursing Department	Senior Demonstrator
RIPANS	14.1.2005	24.1.2010	Nursing Department	Lecturer
RIPANS	25.1.2010	Till date	Nursing Department	Assistant Professor (Senior Grade)

Subject taught : Mental Health Nursing, Advanced Nursing Practice and Nursing Education

ROLES AND RESPONSIBILITIES

RIPANS:

- 1) Coordinator, Admission and Examination till date
- 2) Alternate Secretary, Institutional Ethics Committee (IEC), RIPANS
- 3) Liaison Officer for SC/ST/OBC/PwD from Sept 2021 to March 2025
- 4) Nodal Officer, Red Ribbon Club till 2024
- 5) Deputy Centre Superintendent in NEET(UG) 2023 exam conducted on 7 May 2023 in RIPANS under National Testing Agency (NTA), Ministry of Education, Government of India.
- 6) CPIO, RIPANS from May 2014 – Sept 2021
- 7) Course Coordinator, Short Term Training Course (General Duty Assistant Course, Sanitary Health Inspector Course, First Responder Training Course)
- 8) Editor-in-chief for Kaleidoscope (Institute magazine) for three consecutive years (2012-2014)

College of Nursing, RIPANS:

- 1) 1st Year M.Sc Nursing Class Coordinator
- 2) Member, Research Committee
- 3) Subject Coordinator in Mental Health Nursing and Nursing Education
- 4) Subject teacher in Mental Health Nursing and Nursing Education, both for B.Sc Nursing (RIPANS), M.Sc Nursing and Post Basic B.Sc Nursing (IGNOU)

- 5) Coordinator, In-Service Education till 2024
- 6) Convener, Exam Cell till 2023
- 7) Asst. Course Coordinator, Finishing School from 2013 to 2024
- 8) Coordinator, IGNOU Study Center from 2024
- 9) Assistant coordinator, IGNOU Study Center, RIPANS from 2014 to 2024
- 10) Research guide in B.Sc Nursing and M.Sc Nursing

Contribution to Undergraduate and Post Graduate Examination (Nursing):

- 1) Paper setter, Paper scrutinizer, Paper evaluator
- 2) External and Internal Practical Examiner
- 3) External Practical Examiner & Paper Evaluator outside the state : Manipur University, Gauhati University, Nagaland University

Mizoram Nursing Council:

- 1) Mizoram Nursing Council (MNC) Board Member from 2012 – 2017
- 2) Mizoram Nursing Council (MNC) In-Service Education Committee Member till date
- 3) Mizoram Nursing Council (MNC) Inspector for Nursing Schools and Colleges

PROFESSIONAL MEMBERSHIP

- 1) Life Member, Trained Nurses Association of India (TNAI)
- 2) Registered Nurse & Registered Midwife, Indian Nursing Council (INC)
- 3) Registered Nurse & Registered Midwife, Mizoram Nursing Council (MNC)
- 4) Life Member, Indian Society of Psychiatric Nurses (ISPN)

PUBLICATIONS

Title	Name of Journal	ISSN number	Year of publication	Issue	Volume
Conduct Disorder Correlates to Attention Deficit/Hyper Activity Disorder among School Children	International Journal of All Research Education and Scientific Methods (IJARESM)	2455-6211	2024	7	12
Generalized Anxiety Disorder, Depression and Eating Disorders among High School Students in Aizawl, Mizoram	International Journal For Multidisciplinary Research	2582-2160	2024	4	6

PAPER PRESENTATIONS

1. “Conduct Disorder Correlate to Attention Deficit Hyperactive Disorder among School Children”, in the 57th National and 26th International Conference of the Indian Academy of Applied Psychology (IAAP) on 27th January, 2022.
 2. “Intersectoral Coordination relating to Mental Health” on 10 October 2022 on the occasion of World Mental Health Day at DHME Conference Hall, MINECO organized by National Mental Health Programme, Govt. of Mizoram.
 3. “Level of General Anxiety Disorder, Depression and Eating Disorders among High School Students”, in the International Conference organized by School of Medical and Paramedical Sciences, MZU on 16 November, 2023.
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SEMINAR/CONFERENCE/WORKSHOP/TRAINING (LAST 5 YEARS):

As a participant/delegate/Coordinator

- 1) Attended the ‘National Level Sensitization programme on NAAC’s A&A Process’ organized by IQAC, Pachhunga University College, under UGC Paramarsh Scheme on 27 February, 2020.
- 2) Delegate on ‘Techniques for Effective Dissemination of Scientific Findings and Quality Practice’ organized by Faculty of Nursing, Assam Down Town University from 25 – 27 March 2021.
- 3) Attended an International Webinar on “COVID 19: Disruption of Life Process- Impacting Mental Health”, organized by Department of Clinical Psychology, MZU on 3 June, 2021.
- 4) Attended a training course on “Management for Senior Nursing Administrators”, organized by NIHFW, New Delhi on 9 – 11 August, 2021.
- 5) Attended a National Webinar on “Mental Health in an Unequal World”, organized by Department of Clinical Psychology, MZU on 8 October, 2021.
- 6) Participated in a survey “Safe Abortion: Evidence, Rights, Values/Attitude Transformation”, initiated by TNAI and WHO on 28 October, 2021.
- 7) Attended the training course on “Research Methodology for Nursing Professionals”, organized by NIHFW, New Delhi on 6 – 10 December, 2021.
- 8) Attended the 57th National and 26th International Conference of the Indian Academy of Applied Psychology (IAAP) on 27 – 29 January, 2022.
- 9) Attended a workshop on “Rorschach Inkblot Test”, organized by Department of Clinical Psychology, MZU on 24 – 25 January, 2022.

- 10) Attended a five days National Workshop on “Research Methodology and Statistics in Behavioural Sciences”, organized by Institute of Advanced Studies in Education (IASE) on 21 – 25 February, 2022 (Night Schedule).
- 11) Attended the National E-Conference on “Integration of Nursing Education & Competency Based Clinical Practices”, organized by Datta MEGHE Institute of Medical Sciences, Maharashtra on 24 – 25 February, 2022 (Day Schedule).
- 12) Coordinate and attended a training programme on ‘Educating Young Minds for Snakebite Management and Conservation of Snakes in Mizoram, India’ organized by Department of Zoology MZU, Society for Nature Conservation Research and Community Engagement (CONCERN) & College of Nursing, RIPANS on 20 May 2022.
- 13) Participated in the ‘Workshop on Digitalization of Office Documents’ conducted on 8 & 9 June 2022 at Computer Center, RIPANS.
- 14) Attended IPC ECHO session on Mental Health on 11 November 2022.
- 15) Attended the World Diabetes Day (14 November 2022) at Taxation Department, MINECO.
- 16) Participated in the ‘Regional Training on Managing Programmes on reproductive, Maternal, newborn, Child and Adolescent Health organized by W.H.O., India and Ministry of Health & Family Welfare, Govt. of India from 12 – 16 December 2022.
- 17) Attended the 77th TNAI National Conference with the theme ‘Invest in Nursing for Global Health’ on 30 & 31 January 2023 at Guwahati, Assam.
- 18) Assistant Coordinator in the workshop on ‘Professional Development for Staff nurses’ organized by College of Nursing, RIPANS during 27 – 31 march 2023.
- 19) Attended the 6th Regional Conference on “Enhancing Research Methodology: Empowering effective dissemination and utilization of research studies” organized by Assam Down Town University (ADTU) on 28 June 2023, Guwahati.
- 20) Assistant Course Coordinator in the ‘9th Finishing School 2023’ organized by College of Nursing, RIPANS held during 24 July to 27 July 2023.
- 21) Attended a training program of Nodal Officers, Red Ribbon Club organized by Mizoram State AIDS Control Society (MSACS) on 22 August 2023.
- 22) Attended the XIX General Conference of Trained Nurses Association of India (TNAI), Mizoram State Branch on 6 – 7 September 2023.
- 23) Joint Secretary in the International Conference on “Emerging Trends in Psychological Interventions (Health and Allied Sciences): Future Prospects and Challenges” organized by School of Medical and Paramedical Sciences, Mizoram

University, Aizawl on 14 -16 November, 2023.

- 24) Attended as a Delegate in the National Conference on “Forensic Science: Moral, Ethical & Legal responsibilities of medical, nursing & paramedical professionals” organized by Rahman Hospitals Pvt Ltd and Rahman Institute of Nursing & Paramedical Sciences, Guwahati on 28 November 2023.
 - 25) Coordinator in 5 days workshop on “Empowering Nurses: Advancing Administration and Management Skills” from 13 – 17 May 2024 organized by College of Nursing, RIPANS.
 - 26) Attended a National CNE program on “Leading with Vision: Strategies for Effective Leadership in Nursing” organized by College of Nursing, RIPANS on 7 June, 2024.
 - 27) Assistant Coordinator in the “10th Finishing School 2024” from 22 – 24 July, 2024.
 - 28) Participated in the ‘Workshop for Principals and Teaching Faculties of Colleges of Nursing’ organized by Mizoram Nursing Council on 26 & 27 August 2024.
 - 29) Attended a refresher training program – Vigilance Awareness on 29 October 2024 organized by RIPANS.
 - 30) Successfully completed "Dte.GHS Mental Health Champion ECHO TOT Program" (13 modular virtual training) from 10 January to 11 March 2025, organized by Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India in collaboration with ECHO India.
 - 31) Participated in the Staff development Program on ‘Teaching methods’ organized by College of Nursing, RIPANS held during 24 – 28 march 2025.
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As a Resource Person

- 1) Resource Person on Training of Nurses under the Central Sponsored Scheme of “Development of Nursing Services”, organized by Mizoram Nursing Council (MNC) on 1 July, 2022.
- 2) Resource Person on Training of Nurses under the Central Sponsored Scheme of “Development of Nursing Services”, organized by Mizoram Nursing Council (MNC) on 8 July, 2022.
- 3) Resource Person on Training of Nurses under the Central Sponsored Scheme of “Development of Nursing Services”, organized by Mizoram Nursing Council (MNC) on 12 July, 2022.
- 4) Resource person in the ‘8th Finishing School 2022’ organized by College of Nursing, RIPANS held during 25 July to 29 July 2022.
- 5) Resource Person on Training of Nurses under the Central Sponsored Scheme of

“Development of Nursing Services”, organized by Mizoram Nursing Council (MNC) on 19 July, 2022.

- 6) Resource Person on Training of Nurses under the Central Sponsored Scheme of “Development of Nursing Services”, organized by Mizoram Nursing Council (MNC) on 29 July, 2022.
 - 7) Resource person in the training of nurses on mental health self care on the topic “Mental health in the workplace” on 5 July 2023 organized by ECHO India and Mizoram Nursing Council.
 - 8) Resource person in the training of nurses on mental health self care on the topic “Conflict resolution” on 23 August 2023 organized by ECHO India and Mizoram Nursing Council.
 - 9) Resource Person in the ‘Workshop for Principals and Teaching Faculties of Colleges of Nursing’ organized by Mizoram Nursing Council on 26 & 27 August 2024.
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Others

1. Awarded a Certificate of Appreciation for exemplary service and participation in the organization and success of B20 Conference held at Aizawl during 1 – 3 March 2023 by the Government of Mizoram.
 2. Editor-in-Chief of the Trained Nurses Association of India (TNAI), Mizoram State Branch in both Golden Jubilee Souvenir in 2014 and Diamond Jubilee Souvenir in 2024.
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Testimonial :

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

Place: Aizawl, Mizoram

LALRINHLUI

Date : 16 April 2025
