

## CURRICULUM VITAE



**LALDINPUI SAILO**

Tutor

College of Nursing

Regional Institute of Paramedical & Nursing Sciences(RIPANS)

Zemabawk,Aizawl 796017

[Email-sailodinpui16@gmail.com](mailto:Email-sailodinpui16@gmail.com)

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### PERSONAL INFORMATION

Fathers Name:Lalkanglova Sailo

Sex: Female

Marital Status:Married

Nationality : Indian

Name of spouse:Lalramthara

Blood Group : B+

No of children : 4

Permanent Address: H.No TN-V/88,Thlanmual, Vanapa Section, Tlangnuam, Aizawl  
796005, Aizawl, Mizoram

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Nursing Registration No: 1554 dated 14<sup>th</sup> November,2000

Name of the Council : Mizoram Nursing Council

Educational Qualifications :

Sl No	Standard	Board/University	Class/Div/ Percentage	Year
1	Doctor of Philosophy	Mizoram University		Regd 2020 pursuing
2	Master of Nursing/Obsterics & Gynecology Nursing	Gauhati University(Regional College of Nursing, Guwahati)	II (74.6 %)	2011
3	Bachelor of Nursing	Gauhati University(Regional College of Nursing, Guwahati)	I (66%)	2000
4	Pre University Science	North Eastern Hill University	II (58%)	1995
5	HSLC	Mizoram Board Of School Education	Distinction(77 %)	1992

Details of Employment: Teaching experience :22 years

Sl No	Designation/Institute	Pay scale	From	To
1	Tutor	9300-34800+4600	31/8/2007	Till date
2	Demonstrator	5500-175-9000	February 2002	August 2007
3	Demonstrator(Contract)	Rs 6000/-	August 2000	February 2002

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Membership:

1. Trained Nurses Association of India
2. Nursing Teachers Association of India
3. Evangelical Nurses Fellowship
4. Anti ragging Committee,RIPANS

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Administrative Experience

1. Warden,Girls Hostel,RIPANS (2003-2009)
  2. Coordinator,Short Term Course on Geriatric Caregivers(February 2024 till date)
  3. Process owner,ISO 9001:2015(2016-2024)
  4. Faculty In charge,RIPANS Website(2020 till date)
  5. Convener,Graduation & Lamp Lighting Ceremony,2019& 19<sup>TH</sup> Oct,2023
  6. Editor in chief,Annual Magazine,2017,2024
  - 7.Faculty in charge,Campus Recruitment
  - 8.Returing Officer, TNAI,Mizoram Branch Election,7<sup>th</sup> August 2023
  - 9.Member,Board of Nursing studies,Mizoram university
  - 10.Subject Coordinator,Midwifery/Obstetrics & Gynecology Nursing
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### Organiser/Resource Persons of workshop

Date	Workshop	Topic	Role
13/6/2019	Training on Health & Nutrition for SAGY and VAGY by SIRD	Maternal and Child Nutrition/Complementary feeding nad child care	Resouce person
12/6/2019	Training on Health & Nutrition for SAGY and VAGY by SIRD	Maternal and Child Nutrition/Anemia in women and adolescent	Resouce person
25/1/2019	Training of Nurses by MNC	Development of Nursing Services	Resouce person
5/2/2019	Training of Nurses by MNC	Development of Nursing Services	Resouce person
14/2/2019	Training of Auxiliary Nurses MNC	Development of Nursing Services	Resouce person
23-31/7/2018	Finishing School,RIPANS	Finishing School of Final Year B Sc N	Asst Co ordinator
3/6/2014	Disaster Management,RIPANS	Disaster Management	Asst course director
23/5/2014	Personality development,RIPANS	Personal Hygiene	Resource Person
7/10/2023	Department of OBG,RIPANS	Sustainable Development Goals	Chairperson
30/4/2024	Hygiene:Physical & Mental	Youth For Christ,Tlangnuam	Resource Person
7/6/2024	National level workshop	Leading with Vision,Strategies for effective Leadership in Nursing	Chairperson

### Articles published

- 1.Vanglaini Daily Newspaper 12<sup>th</sup> May 2017, 12<sup>th</sup> May 2018 & 12<sup>th</sup> May 2019 on the occasion of International Nurses Day
2. Agape,Monthly magazine ,May 2020 titled “Nu Naupai leh a kaihnawih”
3. Agape,Monthly magazine ,August 2020 titled “Nutrition”

4. Agape, Monthly magazine, March 2021 titled “Menstrual Hygiene”

5. Loisi, Monthly magazine , April 2023 titled “Menstrual Hygiene”

Seminar/Conference/Webinar attended

Date	Topic	Organiser
19.10.2013	Training for academic counsellors	Regional centre,IGNOU
23-24.11.2012	Orientation programme for academic counsellors	Regional centre,IGNOU
28.9.2011	Supervision in nursing	Regional college of Nursing,Guwahati
29 <sup>th</sup> April-2 <sup>nd</sup> May,2013	Basic Computer skills	RIPANS
21-26.6.2019	Workshop on Education	RIPANS
18-25.11.2016	Education,Administration & Research	Mizoram Nursing Council
26-27.9.2019	Early Identification and intervention of Childhood(0-6years) Disabilities in North East States	National Institute of Locomotor disabilities (NILD)
7-11.10.2019	Training of Nurses- Development of Nursing Services	Mizoram Nursing Council
18.9.2020	Current knowledge on airborne transmission of Covid 19	Govt Serchhip College
1.7.2020	Research to commercialisation	MZU
12.7.2020	Covid 19 ARDS,Clinical Approaches and management	NEM CARE college of Nursing
7.7.2020	Recent advances in Science: Mankind and Change	Govt Serchhip College
12-13.2.2022	Systemic literature review	Commacad
22-23.1.2022	Research Writing report	Commacad
28-29.12.2021	Questionnaire designing	Commacad
19-21.11.2021	Data analysis with SPSS	Commacad
19.5.2021	Using mathematical models to understand Epidemics	MZU,Mizoram
1-5.2.2021	Strengthening Midwifery-Practices for safe motherhood	NIHFW,N Delhi
6-10.12.2021	Research Methodology	NIHFW,N Delhi
19.11.2020	Role of Nurses in Newborn care	NIHFW,N Delhi
17.10.2020	Breast cancer awareness, Best protection is early	Nemcare,CON,Assam

18.6.2020	Managing Roller coaster of Emotions during Covid 19 Lockdown	Little Flower Degree College,Hyderabad
25.10.2010	Quality management in Nursing practice	Regional college of Nursing,Guwahati
10-14.2.2003	Challenges and Issues in Nursing Administration and Management	RAK College of Nursing,New Delhi
6-10.11.2000	Continuing Nursing Education	TNAI,Mizoram Branch
30.4.2021	Resilience and coping-Amidst the Pandemic	St Johns College of Nursing
22-23.01.2022	Research paper writing	Commacad
30-31.01.2023	77 <sup>th</sup> TNAI National Conference"Invest in Nursing for Global Health"	TNAI Headquarters,New Delhi
14.09.2023	Presented paper title : Compliance to IFA among pregnant women in Mizoram	4 <sup>th</sup> National Conference,Neigramhs
16.11.2023	Presented paper title : Antenatal care and pregnancy outcome of mothers in Mizoram	School of Medical & Paramedical

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		Sciences,MZU
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Paper Evaluator: Undergraduate programme,Mizoram University

Research Guide: Undergraduate students ,RIPANS

I ,Ms Laldinpuii Sailo ,declare that the above mentioned are true to the best of my knowledge and belief.

Date& Place: 2<sup>nd</sup> August 2024,Aizawl

Laldinpuii Sailo

Tutor

Regional Institute of paramedical and Nursing Sciences

H/No TN V-88, Thlanmual Veng, Vanapa Section

Tlangnuam, Aizawl 796005,Mizoram