



# रीजनल इंस्टिट्यूट ऑफ पैरामेडिकल एन्ड नर्सिंग साइंसेज REGIONAL INSTITUTE OF PARAMEDICAL AND NURSING SCIENCES

(भारत सरकार, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, स्वायत्त संस्थान)  
(An Autonomous Institute under Ministry of Health & Family Welfare, Govt. of India)

जेमाबोक, आईज़ोल, मिज़ोरम - 796017  
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## COLLEGE OF NURSING, RIPANS

### अकादमिक मास्टर प्लान/ACADEMIC MASTER PLAN

Class : 1<sup>st</sup> Semester B.Sc (N)

ACADEMIC SESSION: Aug 2025 – Jan 2026

August				September					October				November				December				January				
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
04.08.25 - 09.08.25	11.08.25 - 16.08.25	18.08.25 - 23.08.25	25.08.25 - 30.08.25	01.09.25 - 06.09.25	08.09.25 - 13.09.25	15.09.25 - 20.09.25	22.09.25 - 27.09.25	29.09.25 - 04.10.25	06.10.25 - 11.10.25	13.10.25 - 18.10.25	20.10.25 - 25.10.25	27.10.25 - 01.11.25	03.10.25 - 08.11.25	10.11.25 - 15.11.25	17.11.25 - 22.11.25	24.11.25 - 29.11.25	01.11.25 - 06.12.25	08.12.25 - 13.12.25	15.12.25 - 20.12.25	21.12.25 - 31.12.25	01.01.26 - 10.01.26	12.01.26	12.01.26 - 15.01.26	16.01.26 - 23.01.26	26.01.26 - 31.01.26
THERY BLOCK					1 <sup>ST</sup> SESSIONAL EXAMINATION	THEORY BLOCK					THEORY AND CLINICAL DUTY		2 <sup>ND</sup> SESSIONAL EXAMINATION	THEORY CLASS (Monday to Wednesday)					WINTER VACATION	REOPENING	THEORY BLOCK	PREPARTORY LEAVE & UNIVERISTY EXAMINATION			
														CLINICAL DUTY (Thursday to Saturday)											

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- 2) Principal
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कक्षा शिक्षक के हस्ताक्षर/Signature of Class Co ordinator



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**COLLEGE OF NURSING**

अकादमिक कैलेंडर/ACADEMIC CALENDAR

कक्षा/ CLASS : 1<sup>st</sup> SEMESTER B.Sc. NURSING

शैक्षिक सत्र/ACADEMIC SESSION 2025 - 2026

Date & Month	Activities	No of Weeks
4 <sup>th</sup> August, 2025	Reopening of the semester	
04.08.25 – 06.09.25	Theory Block	5 weeks
08.09.25 - 12.09.25	1 <sup>st</sup> Sessional Examination	1 week
15.09.25 - 18.10.25	Theory Block	5 Weeks
20.10.25 - 08.11.25	Theory & Clinical	3 Weeks
10.11.25 – 14.11.25	2 <sup>nd</sup> Sessional Examination & Clinic	1 Week
17.11.25 – 13.12.25	Theory & Clinical	4 Weeks
15.12.25 – 20.12.25	Make Up Duty	1 Week
21.12.25 – 10.01.26	Winter vacation	3 Weeks
12.01.26	Reopening	
12.01.26 – 15.01.26	Theory	1 Week
16.01.26 – 31.01.26	Preparatory leave University exam	2 Weeks

**THEORY HOURS : 533 Hrs. ( INC 480 )**

**CLINICAL HOUR : 168 Hrs. ( INC 160 )**

( ZOHMINGLIANI RALTE )

Co-Ordinator 1<sup>st</sup> Semester. B.Sc(N)

College of Nursing, RIPANS

## 1<sup>st</sup> SEMESTER MASTER PLAN CALCULATION 2025 – 2026

Total weeks available	:	26 weeks
Vacation	:	3 weeks
Internal examination	:	2 weeks
MZU Examination & Study leave	:	2 weeks
Remaining weeks	:	19 weeks

S.No	COURSE	SUBJECT	THEORY		LAB		CLINICAL		TOTAL	
			INC	Instt	INC	Instt	INC	Instt	INC	Instt
1.	ENGL 101	Communicative English	40	40	-	-	-	-	40	40
2.	ANAT 105	Applied Anatomy	60	69	-	-	-	-	60	69
3.	PHYS 110	Applied Physiology	60	69	-	-	-	-	60	69
4.	SOCI 115	Applied Sociology	60	69	-	-	-	-	60	69
5.	PSYC 120	Applied Psychology	60	69	-	-	-	-	60	69
6.	N-NF(I) 125	Nursing Foundation including First Aid module	120	154	80	84	160	168	360	406
7	SSCC(I) 130	Self-study/cocurricular	-	-	-	-	-	-	40+40	40+40
Total			400	470	80	84	160	168	720hrs	802hrs

### THEORY AND LAB/SKILL LAB

**Block : 37hrs/week X 11 weeks = 407 hrs.**

**Non block : 21hrs/week X 7 weeks = 147 hrs.**

**Total : 407 + 147 = 554 (INC=480)**

#### 1. Communicative English

Theory block : 3hrs/week X 11weeks = 33 hrs

Non block : 1hrs/week X 7 weeks = 7 hrs

Total hrs. : **40 hrs (INC 40 HRS)**

#### 2. Applied Anatomy

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

#### 3. Applied Physiology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

#### 4. Applied Sociology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

#### 5. Applied Psychology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

#### 6. Nursing Foundation - I

Theory block : 7hrs/week X 11weeks= 77hrs. SL : 7hrs/week x 11weeks=77hrs

Non block : 11hrs/week X 7weeks = 77hrs. SL : 1hr/week x 7weeks=7hrs

Total hrs : **238hrs (INC 200hrs)**

**Note :** - Sociology class (10-12 noon ) & Self-study/Co-curricular &: Every Saturday during 11weeks of block class.  
 - Mon - Wed ( 4-5 Pm) will be utilised for library period (7x3=21 Hrs) during Non block class



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## COLLEGE OF NURSING, RIPANS

### CLINICAL DUTY FOR FIRST SEMESTER B.Sc (N) 2025 - 2026

w.e.f. 20.10.24 - 08.11.24 & 17.11.24 - 20.12.24 = 24 days at 8 weeks

Clinical hours : 24hrs/week x 7 weeks = 168 hrs ( INC = 160 )

### DUTY HOURS

Thursday - Saturday ( 7:30 am – 03:30 pm ) = 8hrs/day x 3days = 24hrs /week

- 1) Medicine ward - 6 days at 2 weeks ( 24hrs/week x 2 = 48hrs )
- 2) Surgical ward - 6 days at 2 weeks ( 24hrs/week x 2 = 48hrs )
- 3) Dressing room - 3 days at 1 week ( 24hrs/week x 1 = 24hrs )
- 4) Emergency Dept. - 3 days at 1 week ( 24hrs/week x 1 = 24hrs )
- 5) Orthopedic ward - 3 days at 1 weeks ( 24hrs/week x 1 = 24hrs )

( ZOHMINGLIANI RALTE )  
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