



रीजनल इंस्टिट्यूट ऑफ पेरामेडिकल एन्ड नर्सिंग साइंसेज
REGIONAL INSTITUTE OF PARAMEDICAL AND NURSING SCIENCES
(भारत सरकार, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, स्वास्थ्य संस्थान)
(An Autonomous Institute under Ministry of Health & Family Welfare, Govt. of India)
जे.माबोक, आईज़ोल, मिजौरम - 796017
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COLLEGE OF NURSING, RIPANS

अकादमिक मास्टर प्लान/ACADEMIC MASTER PLAN

ACADEMIC SESSION: Aug 2025 – Jan 2026

Class : 1st Semester B.Sc (N)

August				September				October				November				December				January					
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
04.08.25 - 09.08.25	11.08.25 - 16.08.25	18.08.25 - 23.08.25	25.08.25 - 30.08.25	01.09.25 - 06.09.25	08.09.25 - 13.09.25	15.09.25 – 20.09.25	22.09.25 - 27.09.25	29.09.25 - 04.10.25	06.10.25 - 11.10.25	13.10.25 - 18.10.25	20.10.25 - 25.10.25	27.10.25 – 01.11.25	03.10.25 – 08.11.25	10..11.25 – 15.11.25	17.11.25 – 22.11.25	24.11.25 – 29.11.25	01.11.25 – 06.12.25	08.12.25 – 13.12.25	15.12.25 – 20.12.25	21.12.25 – 31.12.25	01.01.26 – 10.01.26	12.01.26	THEORY BLOCK	PREPARATORY LEAVE & UNIVERSITY EXAMINATION	
THEORY BLOCK	1 ST SESSIONAL EXAMINATION	THEORY BLOCK	2 ND SESSIONAL EXAMINATION	THEORY AND CLINICAL DUTY	2 ND SESSIONAL EXAMINATION	THEORY CLASS (Monday to Wednesday)	CLINICAL DUTY (Thursday to Saturday)	WINTER VACATION	REOPENING	THEORY BLOCK	PREPARATORY LEAVE & UNIVERSITY EXAMINATION														

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कक्षा शिक्षक के हस्ताक्षर/Signature of Class Co ordinator



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COLLEGE OF NURSING

अकादमिक कैलेंडर/ACADEMIC CALENDAR

कक्षा/ CLASS : 1st SEMESTER B.Sc. NURSING

शैक्षिक सत्र/ACADEMIC SESSION 2025 - 2026

Date & Month	Activities	No of Weeks
4 th August, 2025	Reopening of the semester	
04.08.25 – 06.09.25	Theory Block	5 weeks
08.09.25 - 12.09.25	1 st Sessional Examination	1 week
15.09.25 - 18.10.25	Theory Block	5 Weeks
20.10.25 - 08.11.25	Theory & Clinical	3 Weeks
10.11.25 – 14.11.25	2 nd Sessional Examination & Clinic	1 Week
17.11.25 – 13.12.25	Theory & Clinical	4 Weeks
15.12.25 – 20.12.25	Make Up Duty	1 Week
21.12.25 – 10.01.26	Winter vacation	3 Weeks
12.01.26	Reopening	
12.01.26 – 15.01.26	Theory	1 Week
16.01.26 – 31.01.26	Preparatory leave University exam	2 Weeks

THEORY HOURS : 533 Hrs. (INC 480)

CLINICAL HOUR : 168 Hrs. (INC 160)

(ZOHMINGLIANI RALTE)
Co-Ordinator 1st Semester. B.Sc(N)
College of Nursing, RIPANS

1st SEMESTER MASTER PLAN CALCULATION 2025 – 2026

Total weeks available	:	26 weeks
Vacation	:	3 weeks
Internal examination	:	2 weeks
MZU Examination & Study leave	:	2 weeks
Remaining weeks	:	19 weeks

S.No	COURSE ,	SUBJECT	THEORY		LAB		CLINICAL		TOTAL	
			INC	Instrt	INC	Instrt	INC	Instrt	INC	Instrt
1.	ENGL 101	Communicative English	40	40	-	-	-	-	40	40
2.	ANAT 105	Applied Anatomy	60	69	-	-	-	-	60	69
3.	PHYS 110	Applied Physiology	60	69	-	-	-	-	60	69
4.	SOCI 115	Applied Sociology	60	69	-	-	-	-	60	69
5.	PSYC 120	Applied Psychology	60	69	-	-	-	-	60	69
6.	N-NF(I) 125	Nursing Foundation including First Aid module	120	154	80	84	160	168	360	406
7	SSCC(I) 130	Self-study/cocurricular	-	-	-	-	-	-	40+40	40+40
Total			400	470	80	84	160	168	720hrs	802hrs

THEORY AND LAB/SKILL LAB

Block : 37hrs/week X 11 weeks = 407 hrs.

Non block : 21hrs/week X 7 weeks = 147 hrs.

Total : 407 + 147 = 554 (INC=480)

1. Communicative English

Theory block : 3hrs/week X 11 weeks = 33 hrs

Non block : 1hrs/week X 7 weeks = 7 hrs

Total hrs. : **40 hrs (INC 40 HRS)**

2. Applied Anatomy

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

3. Applied Physiology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

4. Applied Sociology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

5. Applied Psychology

Theory block : 5hrs/week X 11 weeks = 55 hrs

Non block : 2hrs/week X 7 weeks = 14 hrs

Total hrs : **69hrs (INC 60HRS)**

6. Nursing Foundation - I

Theory block : 7rshrs/week X 11 weeks = 77hrs. SL : 7hrs/week x 11 weeks = 77hrs

Non block : 11hrs/week X 7 weeks = 77hrs. SL : 1hr/week x 7 weeks = 7hrs

Total hrs : **238hrs (INC 200hrs)**

Note : - Sociology class (10-12 noon) & Self-study/Co-curricular &: Every Saturday during 11 weeks of block class.

- Mon - Wed (4-5 Pm) will be utilised for library period (7x3=21 Hrs) during Non block class



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CLINICAL DUTY FOR FIRST SEMESTER B.Sc (N) 2025 - 2026

w.e.f. 20.10.24 - 08.11.24 & 17.11.24 -20.12.24 = 24 days at 8 weeks

Clinical hours : 24hrs/week x 7 weeks = 168 hrs (INC = 160)

DUTY HOURS

Thursday - Saturday (7:30 am – 03:30 pm) = 8hrs/day x 3days = 24hrs /week

- 1) Medicine ward - 6 days at 2 weeks (24hrs/week x 2 = 48hrs)
- 2) Surgical ward - 6 days at 2 weeks (24hrs/week x 2 = 48hrs)
- 3) Dressing room - 3 days at 1 week (24hrs/week x 1 = 24hrs)
- 4) Emergency Dept. - 3 days at 1 week (24hrs/week x 1 = 24hrs)
- 5) Orthopedic ward - 3 days at 1 weeks (24hrs/week x 1 = 24hrs)

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