

Report on “Nasha Mukh Bharat Abhiyaan”

Date: 18.08.2026

Time: 11:00 a.m

Venue: Classroom, Department of Nutrition and Dietetics, RIPANS

Participants: Students enrolled in the Bachelor of Nutrition and Dietetics (BND) Programme, Batch I.

On 18 August 2026, the Department of Nutrition & Dietetics, Regional Institute of Paramedical and Nursing Sciences (RIPANS), participated in the “**Pledge for a Drug-Free India**” under the Nasha Mukh Bharat Abhiyaan. The initiative was undertaken to reaffirm the collective commitment towards creating a drug-free society and promoting a healthier and safer nation.

The programme focused on creating awareness among students, faculty and staff about the harmful effects of substance abuse and the importance of adopting a healthy, drug-free lifestyle. Recognising the youth as the energy and strength of the nation, the participants came together to take the pledge and accept their responsibility in preventing drug abuse.

The pledge highlighted that meaningful social change begins with individual responsibility. Students committed themselves to staying away from drugs, encouraging their family members and friends to adopt healthy lifestyles, and spreading awareness about the dangers associated with substance abuse. The activity also emphasised the importance of collective responsibility, awareness and determined action in protecting young people from addiction.



The **Nasha Mukh Bharat Abhiyaan** pledge on 18 August 2026 was a meaningful initiative that strengthened awareness and collective responsibility towards eliminating drug abuse. It encouraged everyone to begin the change with themselves and work together towards a healthier, safer and drug-free India.
